

Booklet Education

ANTI-STRESS KIT

For teachers



DIRECTIONS

1. Place this sheet on a firm surface
2. Bang head on circle until you are anti-stressed or become unconscious

Warning- over use of this kit can cause serious health problems. If after three attempts you have not hit the target consider a new career. This is not a replacement for any therapy.

A free product from: www.bookleteducation.com
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